

## What Are Your Odds?

What are your spouse's odds? **It is estimated that 5.2 million Americans have Alzheimer's disease, and nearly 400,000 of them are Pennsylvanians.** This disease can have a devastating financial impact on you and your spouse's future.



### Men Face A Higher Risk.

A million older Americans slide into mild mental decline each year. A milder type of mental decline (mild cognitive impairment a/k/a MCI) that often precedes Alzheimer's disease is alarmingly more common than has been believed, and in men more than women according to Dr. Ronald Petersen, a Mayo Clinic scientist. The mild impairment rate was found to be two to three times larger than many researchers expected. There are no treatments at this time to prevent this mental slide or reverse it once it starts. The Alzheimer's Association says that until now, there had been no estimate for this "pre-dementia." Nearly a million older Americans slide from normal memory into mild impairment each year, researchers estimate based on a Mayo Clinic study of Minnesota residents. That's on top of the half million Americans who develop full-blown Alzheimer's or other forms of dementia — a problem sure to grow as baby boomers age.

### A 'Time Bomb' Set To Explode During Our Lifetimes

The oldest baby boomers turn 62 this year. The Alzheimer's Association says more than 5 million Americans have Alzheimer's, a 10% increase since the last Alzheimer's Association estimate five years ago. Already, one in eight people 65 and older have the mind-destroying illness, and nearly one in two people over 85 have Alzheimer's.

The likelihood of developing Alzheimer's doubles about every five years after age 65, according to the Alzheimer's Association. After age 85, the risk reaches nearly 50 percent. One in 10 persons over 65 and nearly half of those over 85 have Alzheimer's disease. The time to protect your assets is **prior** to being faced with this type of illness.

Minto Law Group can provide help educate you and provide you with valuable guidance to make the most informed choices possible about protecting your assets in situations such as this. Please call 412-201-5525 to set an appointment. Should you already be faced with these issues, we also have experts in Elder Law. They can provide you with answers regarding Medicare, long term care insurance, etc. and guide you in the handling of your finances for that time when you or your spouse must be placed in a nursing home.

Call for an appointment *before* you are faced with these types of issues.

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*Knowledge is power.* Sir Francis Bacon